



Allergens

The table shows the allergens contained in the dishes. Please note that all dishes may contain milk, eggs, peanuts, tree nuts, soy, fish, shellfish, sesame, gluten, mustard and sulfites.

Menu	Milk	Eggs	Peanuts	Nuts	Soya	Fish, crustaceans and molluscs	Sesame	Wheat and gluten sources	Sulfites	Mustard
Appetizers (dip not included)										
Chicken wings										
Crispy chicken wings								X		
Garlic sticks	X				X			X		
Garlic sticks with cheese	X				X			X		
Cheese sticks	X				X			X	X	
Fried calamari						X		X		
Mix Mikes	X	X			X	X		X	X	
Vegetable juice										
Tomato juice										
Onion rings					X			X		
Bruschetta pizza rolls	X	X			X			X	X	
Dips / sauces										
Pizza oil					X					
Submarine oil										
Spicy mustard					X			X		X
Basil aioli dip		X								
South-west dip	X	X								
Sweet & spicy sauce										
Tartar sauce		X								X
Soups										
Tomato & basil bisque	X							X		
Cream of broccoli	X				X			X		
Homemade vegetable and beef soup		X			X			X		
French onion soup					X					
French onion soup au gratin	X				X			X		

Menu	Milk	Eggs	Peanuts	Nuts	Soya	Fish, crustaceans and molluscs	Sesame	Wheat and gluten sources	Sulfites	Mustard
Minestrone soup	X	X						X		
Parmentier soup with bacon	X				X			X		
Chicken noodle soup		X			X			X		
Sides										
Fries					X					
Seasoned fries					X			X		
Cesar salad	X	X			X	X		X	X	X
House salad, no dressing										
Salads										
Chicken Ceasar	X	X			X	X		X	X	X
Caesar with vegan protein	X	X			X	X		X		X
Fresh-Thaï					X		X	X	X	
Pasta (no bread roll)										
Cavatappi au gratin	X							X	X	
You're the chef! Alfredo sauce	X							X	X	
You're the chef! Alfredo sauce with chicken	X				X			X	X	
You're the chef! Neapolitan sauce								X	X	
You're the chef! Neapolitan sauce with chicken strips	X				X			X	X	
You're the chef! Rosé sauce	X							X	X	
You're the chef! Rosé sauce with chicken strips	X				X			X	X	
Lasagna bolognese	X	X						X	X	
Linguini carbonara	X				X			X	X	
Linguini carbonara with chicken strips	X				X			X	X	
Linguini carbonara with vegan protein	X				X			X	X	
Seafood Linguini	X	X			X	X		X	X	
Classic Mac & cheese	X				X			X		
Chicken & broccoli penne	X				X			X	X	
Vegan protein & broccoli penne	X				X			X	X	
Spaghetini bolognese								X	X	
Pizzas										
Carnivore	X	X			X			X		
Carnivore (cauliflower crust)	X	X			X			X		
Carnivore (vegan cheese)	X	X			X			X		

Menu	Milk	Eggs	Peanuts	Nuts	Soya	Fish, crustaceans and molluscs	Sesame	Wheat and gluten sources	Sulfites	Mustard
Sea food	X	X			X	X		X	X	
Sea food (cauliflower crust)	X	X			X	X		X	X	
Sea food (vegan cheese)	X	X			X	X		X	X	
Internationale	X	X			X			X		
Internationale (cauliflower crust)	X	X						X		
Internationale (vegan cheese)	X	X			X			X		
Field of dreams	X	X			X			X	X	
Field of dreams (cauliflower crust)	X	X							X	
Field of dreams (vegan cheese)	X	X			X			X	X	
Neapolitan	X	X			X			X		
Neapolitan (cauliflower crust)	X	X								
Neapolitan (vegan cheese)	X	X			X			X		
Pepperoni	X	X			X			X		
Pepperoni (cauliflower crust)	X	X						X		
Pepperoni (vegan cheese)	X	X			X			X		
BBQ chicken & bacon	X	X			X			X		X
BBQ Chicken & bacon (cauliflower crust)	X	X								X
BBQ Chicken & bacon (vegan cheese)	X	X			X			X		X
Philly steak	X	X			X			X		
Philly sauce (cauliflower crust)	X	X			X			X		
Philly steak (vegan cheese)	X	X			X			X		
All-dressed	X	X			X			X		
All-dressed (cauliflower crust)	X	X						X		
All-dressed (vegan cheese)	X	X			X			X		
Vegetarian	X	X			X			X		
Vegetarian (cauliflower crust)	X	X								
Vegetarian (vegan cheese)	X	X			X			X		
Submarine										
Co-Star®	X				X			X		
Foccacia club cantonnier	X	X			X			X		
Foccacia club cantonnier vegan protein	X	X			X			X		
Hot Luke®	X				X			X		
Field of dreams	X				X			X	X	

Menu	Milk	Eggs	Peanuts	Nuts	Soya	Fish, crustaceans and molluscs	Sesame	Wheat and gluten sources	Sulfites	Mustard
Superstar®	X				X			X		
Western	X				X			X		
Poutines										
Spicy chorizo Poutine	X	X			X			X		X
Superstar® Poutine	X	X			X			X		X
Taste-Thai Poutine	X	X			X		X	X	X	X
Traditional Poutine	X	X			X			X		X
Duetto										
Seafood casserole (no sides)	X	X			X	X		X	X	
Fried chicken fingers	X	X			X	X		X		X
Fish & chips with tartar sauce (no sides)	X	X			X	X		X		X
Panzerotti	X	X			X			X		
Artisan smoked bacon Panzerotti	X	X			X			X		X
All-dressed Pizza & Ceasar salad	X	X			X	X		X	X	X
All-dressed Pizza & spaghetti bolognese	X	X			X			X	X	
Chicken parmigiana (no sides)	X				X			X		
Bruschettas pizza rolls & linguini carbonara with Neapolitan sauce	X	X			X			X	X	
Lobster 2026 promo										
Lobster bisque	X				X	X		X		
Lobster rolls	X	X			X	X	X	X		X
Shrimp rolls	X	X			X	X	X	X		X
Lobster & shrimps rolls duet	X	X			X	X	X	X		X
Shrimp and strawberry salad	X	X			X	X	X	X		X
Lobster & shrimp Linguine casserole au gratin	X	X			X	X		X	X	
Lobster & shrimp gondola	X	X			X	X		X	X	
Drinks										
Soft drink (Pepsi)										
Soft drink (Diet Pepsi)										
Chocolate oat drink										
Unsweetened oat beverage										
Unsweetened vanilla oat beverage										
Guru										
Milk	X									

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Chocolate milk	X									
Apple juice										
Orange juice										
Desserts										
Beignes d'antan honey glaze doughnuts without coulis	X							X		
Classic Brownie	X	X		X	X			X		
Hercule chocolate cake	X	X			X			X	X	
Timeless cheese cake without coulis	X	X			X			X		
Velvety carrot cake without coulis	X	X			X			X		
Homestyle sugar pie	X	X			X			X		
Lunch desserts										
Beignes d'antan honey glaze doughnuts without coulis	X							X		
Classic Brownie	X	X		X	X			X		
Velvety carrot cake without coulis	X	X			X			X		